

**2023 YOUTH COMMISSION FORMS**  
**TOWN OF CHAMPLAIN, VILLAGE OF CHAMPLAIN,**  
**AND VILLAGE OF ROUSES POINT**



The Town has provided registration forms that can be downloaded, completed, and returned. If this is the first time a child has participated in our programs, a birth certificate must be supplied for age verification. Registrations are available on the following websites below, as well located at the Town and Village offices.

Northeastern Clinton Central School:

[www.nccscougar.org](http://www.nccscougar.org)

Town of Champlain:

[www.townofchamplain.com](http://www.townofchamplain.com)

Village of Champlain:

[www.vchamplain.com](http://www.vchamplain.com)

Village of Rouses Point:

[www.rousespointny.com](http://www.rousespointny.com)

Copies can be mailed to Charlene Sample, 9 Smith Street, Rouses Point, NY 12979, or emailed to [recdept@townofchamplain.com](mailto:recdept@townofchamplain.com) by Friday April 7<sup>th</sup>, 2023

For more information contact Charlene Sample, Recreation Director, at (518)-726-6388 or email at [recdept@townofchamplain.com](mailto:recdept@townofchamplain.com)

Revised 3/08/2023

## FITNESS IN THE PARKS – NEW 2023 SUMMER CAMPS

**FREE** one-week programs, sponsored by our local municipalities and The Foundation of CVPH, which will be offered in the Village of Rouses Point.

Program descriptions, locations, and vendors are as follows:

*Civic Center Park (Village of Rouses Point):*

**\*FITNESS GYMNASTICS (Center Stage Dance):** June 26<sup>th</sup>-June 30<sup>th</sup> ; ages 6-9 10am-11am; ages 10+ 11am-12pm (Each session is limited to 15 participants)

**\*KARATE (Villari's Martial Arts):** July 17<sup>th</sup>-July 21<sup>st</sup>; ages 5-8 10am-1030am; ages 9-18 10:30am-11:15am;

**\*LACROSSE (Plattsburgh Lacrosse Club):** July 24<sup>th</sup> – July 28<sup>th</sup>; ages 5-9 1pm-2pm; ages 10-18 2pm-3pm

**Pre-registration is mandatory! Attendance is taken daily.** Class sizes are limited and will be offered first to the Town of Champlain residents (including Villages), then to non-residents as space is available. Any/all Town and Village residents may attend any/all programs offered.

Complete and return the following registration form **PER CHILD** to:

Charlene Sample – 9 Smith Street Rouses Point, NY 12979 or [recdept@townofchamplain.com](mailto:recdept@townofchamplain.com)



Please detach and return

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### ***Fitness In The Park Programs (Rouses Point)***

Participant's Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_ AGE: \_\_\_\_\_

Address: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Primary Phone number: \_\_\_\_\_ Primary email address: \_\_\_\_\_

Programs: Please place an X on programs you wish to participate in:

Floor Gymnastics \_\_\_\_\_ Karate \_\_\_\_\_ Lacrosse \_\_\_\_\_

Date Received: \_\_\_\_\_

# SUMMER/FALL PROGRAMS

Town of Champlain, Village of Champlain, Village of Rouses Point Residents

Below is a summary of the youth activities offered in the three townships listed above. Complete and return the forms on the following pages to register your children for participation in any of these programs listed. These forms are due to Charlene Sample by Friday April 7th, 2023.

**\*PLEASE NOTE THAT THE TOWN OF CHAMPLAIN WILL NOT BE OFFERING SWIMMING THROUGH THE RED CROSS INSTRUCTIONAL PROGRAM THIS YEAR AT NCCS, DUE TO THE CONTINUED RENOVATIONS OF THE HIGHSCHOOL POOL. HOWEVER, WE ARE WORKING ON OFFERING A SWIM INSTRUCTIONAL PROGRAM AT A LOCATION AND DATES TBD AGAIN THIS YEAR. PLEASE BE ON THE LOOKOUT FOR AN UPDATE!**

**COUNTY REQUIREMENT:** A copy of each participant's birth certificate is required. (If not previously submitted)



**T-Ball:** Co-ed program, ages 5-6; designed to teach basics of baseball; 4-6 week season in June/July

**Baseball & Softball:** Season runs May-July; Players need baseball/softball glove and rubber cleats.

County Age Classifications are: Grasshopper: 7,8,9 PeeWee: 10,11,12 Pony: 13,14,15,16

Contact Charlene Sample, Coordinator, at 518-726-6388 or [recdept@townofchamplain.com](mailto:recdept@townofchamplain.com) for more information.

**Reading:** (read-alouds, crafts, singing, dancing): July 6<sup>th</sup> through August 10<sup>th</sup> (6 sessions). Will meet each Thursday from 10:30am – 11:30am at the Rouses Point Dodge Memorial Library. Intended audience, PreK through grade 2.

Contact Anne Paulson, Library Director, at 518-297-6242 for more information.

**Theater:** Explore your creativity through voice, movement, improvisation, and stage presence for grades 5-10.

Program runs June 26<sup>th</sup> – July 14<sup>th</sup>, Monday through Friday, from 10:00am – 11:15am and will be held at the

Rouses Point Civic Center Stage outdoors. Contact Jason Boirre, Certified Theater K-12, at 518-569-1635 for more information.

**Tennis:** Instructional program for ages 8-up held Tuesdays and Thursdays July 11<sup>th</sup> – August 3<sup>rd</sup> from 5pm – 6pm at the Rouses Point Civic Center Tennis Courts. Players need a tennis racquet and sneakers. Contact Charlene Sample at 518-726-6388 or [recdept@townofchamplain.com](mailto:recdept@townofchamplain.com) for more information.

**Street Hockey:** Instructional fundamentals of hockey for ages 5 and up. Mondays and Wednesdays from 4:30 – 6:30pm, July 3<sup>rd</sup> – July 26<sup>th</sup> at the Rouses Point Civic Center. Please note that groups will be split up by ages and times will be determined after registrations are complete. Players need a helmet, stick, and soccer-style shin guards. Contact Norm Lague at [nslague@yahoo.com](mailto:nslague@yahoo.com), Certified USA Hockey Instructor, for more information.

**Track:** Guided running program. Tuesdays and Thursdays from July 11<sup>th</sup> through August 10<sup>th</sup>; ages 5-10 5:30pm – 6:30pm; ages 11-16 6:30pm – 7:30pm located at the NCCS Track. Contact Nicci Molinski at 518-298-3674 or [champlainkidsconnected@gmail.com](mailto:champlainkidsconnected@gmail.com) for more information.

**Cheerleading:** Introduction to cheerleading designed to teach basic cheers, dances, and stunts. Program runs July 31<sup>st</sup> – August 4<sup>th</sup>, Monday through Friday ages 5-11 5:30pm-6:30pm. Contact Marcey Brassard at [marceylynn2005@yahoo.com](mailto:marceylynn2005@yahoo.com) or text at 518-572-5307 for more information.

**Soccer:** Co-ed teams; Season runs August-October. Players need soccer cleats and shin guards.

County Age Classifications are: Mini-mites: 4,5 Mites: 6,7 PeeWee 8,9,10 Bantam 11,12,13. Contact Charlene Sample, Soccer Coordinator, at 518-726-6388 or [recdept@townofchamplain.com](mailto:recdept@townofchamplain.com) for more information.

PLEASE KEEP FOR PROGRAM DATES, TIMES, AND CONTACT INFORMATION

PLEASE USE YOUR 911 ADDRESS WHEN FILLING OUT THE FORM BELOW  
PLEASE FILL OUT A FORM AND A WAIVER OF LIABILITY FOR EACH PARTICIPANT

\*\*Be sure to include copies of birth certificates of participants if not previously supplied\*\*

Return this form and waiver of liability to: Charlene Sample, 9 Smith Street Rouses Point, NY 12979 or [recdept@townofchamplain.com](mailto:recdept@townofchamplain.com) by Friday April 7<sup>th</sup>, 2023.

\_\_\_\_\_  
Participant's Name (First & Last)        /  /        \_\_\_\_\_      Male/Female  
DOB Mo/Day/Yr      Participant's age      Please Circle

\_\_\_\_\_  
Street Address      \_\_\_\_\_  
City

\_\_\_\_\_  
Mother's Name      \_\_\_\_\_  
Father's Name

\_\_\_\_\_  
Email and Phone Number      \_\_\_\_\_  
Email and Phone Number

Township of Residence: Town of Champlain \_\_\_\_\_ Rouses Point \_\_\_\_\_ Village of Champlain \_\_\_\_\_  
School Participant attends: Rouses Point \_\_\_\_\_ Mooers \_\_\_\_\_ NCCS MS/HS \_\_\_\_\_ Other \_\_\_\_\_

**Programs: Please place an X by each program participant would like to attend**

T-ball \_\_\_\_\_ Baseball \_\_\_\_\_ Softball \_\_\_\_\_ Soccer \_\_\_\_\_  
Reading \_\_\_\_\_ Theater \_\_\_\_\_ Tennis \_\_\_\_\_ Cheerleading \_\_\_\_\_ Street hockey \_\_\_\_\_ Track \_\_\_\_\_

**Please place an X if parent/student is available for the following:**

COACHING \_\_\_\_\_ UMPIRING BASEBALL/SOFTBALL \_\_\_\_\_ REFEREEING SOCCER \_\_\_\_\_

NAME OF PERSON INTERESTED IN

COACHING/UMPIRING/REFEREEING: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

**INDICATE WITH AN X SPORT AND LEVEL PARTICIPANT WILL PLAY:**

**BASEBALL \_\_\_\_\_      SOFTBALL \_\_\_\_\_**  
\_\_\_\_\_  
T-ball: 5,6 (Born on/after 8/1/16) (Born on/before 7/31/18)  
\_\_\_\_\_  
Grasshopper: 7,8,9 (Born on/after 8/1/13) (Born on/before 7/31/16)  
\_\_\_\_\_  
PeeWee: 10,11,12 (Born on/after 8/1/10) (Born on/before 7/31/13)  
\_\_\_\_\_  
Pony: 13,14,15,16 (Born on/after 8/1/06) (Born on/before 7/31/10)

**SOCCER\* \_\_\_\_\_**  
\_\_\_\_\_  
Mini-Mites: 4,5 (Born on/after 11/01/17) (Born on/before 10/31/19)  
\_\_\_\_\_  
Mites: 6,7 (Born on/after 11/01/15) (Born on/before 10/31/17)  
\_\_\_\_\_  
PeeWee: 8,9,10 (Born on/after 11/01/12) (Born on/before 10/31/15)  
\_\_\_\_\_  
Bantam: 11,12,13 (Born on/after 11/01/09) (Born on/before 10/31/12)  
\_\_\_\_\_  
*\*please indicate if trying out for Modified/JV/Varsity soccer team*

**TOWN OF CHAMPLAIN**  
(VILLAGE OF CHAMPLAIN, VILLAGE OF ROUSES POINT)  
10729 Rt. 9 P.O. Box 3144 Champlain, NY 12919  
TELE: (518) 298-8160 FAX: (518) 298-8896

## **WAIVER AND RELEASE OF LIABILITY**

(for participants who reside in the above locations)

**DISCLAIMER: TOWN OF CHAMPLAIN, VILLAGES OF CHAMPLAIN AND ROUSES POINT SHALL NOT BE RESPONSIBLE FOR ANY INJURY (OR LOSS OF PROPERTY) TO ANY PERSON SUFFERED WHILE PLAYING, PRACTICING, OR IN ANY WAY INVOLVED IN THE TOWN PROGRAMS FOR ANY REASON WHATSOEVER, INCLUDING ORDINARY NEGLIGENCE ON THE PART OF THE TOWN OF CHAMPLAIN, ITS AGENTS, OR EMPLOYEES.**

In consideration of my child's participation, I hereby release and covenant not-to-sue the Town of Champlain, Town Board of the Town of Champlain, any of their employees, instructors, or agents, from any and all present and future claims resulting from ordinary negligence on the part of the Town or others for property damage, personal injury, arising as a result of my child's engaging in or receiving instruction in Town activities or any activities incidental thereto, wherever, whenever, or however the same may occur. I hereby voluntarily waive any and all claims resulting from ordinary negligence, both present and future, that may be made by a child, assigns, or me.

Further, I understand that these programs involve certain risks, including but not limited to, neck and spinal injuries, injury to virtually all bones, joints, muscles, and internal organs, and that equipment provided for my child's protection may be inadequate to prevent serious injury. I am allowing my child to participate in this activity with knowledge of the danger involved and hereby agree to accept any and all inherent risks of property damage, or personal injury. In addition, I understand I may not always be there and in the event of an emergency, I hereby give permission for my child to be given emergency first aid treatment and/or to be examined and treated at the nearest medical facility.

I further agree to indemnify and hold harmless the Town of Champlain, Villages of Champlain and Rouses Point, and others listed for any and all claims arising as a result of my child's engaging in or receiving instruction in Town activities or any activities incidental thereto, wherever, whenever, or however the same may occur. I understand that this waiver is intended to be as broad and inclusive as permitted by the laws of New York and agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that the venue for any legal proceedings shall be in New York.

I affirm that I am of legal age, the child's legal guardian, and am freely signing this agreement. I have read this form and fully understand that by signing this form, I am giving up legal rights and/or remedies which may be available to me for the ordinary negligence of the Town of Champlain and Villages of Rouses Point and Champlain.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent if participant is Under 18

\_\_\_\_\_  
Date

\*Revised 03/08/2023