



# Good Mental Health in the Workplace

## Certificate of Attendance

Completed NAMI Minnesota's 1 hour workshop on GMHWP

October 2, 2020 on-line class

**Educational Objectives: Learn the five things you can do to create a workplace that values good mental health**

- **Promote good mental health**
- **Know common symptoms of mental illnesses**
- **Change our attitudes towards people with mental illnesses**
- **Learn about accommodations**
- **Create places that foster respect and acceptance**

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Director of Adult Programs  
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