

# PRESS RELEASE



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## **CITY OF CHATSWORTH Awarded GMA Life & Health Insurance Fund's Health Wellness Grant**

[CHATSWORTH, GEORGIA] – We are excited to announce that the CITY OF CHATSWORTH has been awarded one of the *2024 Health Wellness Grants* by the Georgia Municipal Association (GMA). The grant supports the City's commitment to facilitating positive changes in the workplace culture and going the extra mile for employees' health wellness.

GMA is honored to collaborate with the City of Chatsworth at every step of the health wellness journey. Awards are made statewide to Participating Employers enrolled in one or more medical plans through the GMEBS (Georgia Municipal Employees Benefit Services) Life and Health Insurance Fund.

The Health Wellness Program at GMA helps members embrace a variety of skills, mindsets, and cultures to encourage utmost wellbeing through workplace health wellness initiatives. These initiatives have a demonstrated track record of improving employee wellbeing and quality of life, while enhancing workplace morale, reducing medical claims, and maximizing cost impact.

The City of Chatsworth has designated a Health Wellness Champion to coordinate/oversee the program and work in partnership with GMA to facilitate the planning of targeted activities. Karen Loudermilk has expounded on ways the City of Chatsworth would benefit from implementing workplace health wellness initiatives and has said, "We are excited we've received the grant. We will be able to help provide information on health topics that our employees want to learn more about. We will hold meetings/classes, set health goal challenges with prizes if goals are met. The list goes on and on."

For more information about City of Chatsworth, please visit [www.cityofchatsworthga.gov](http://www.cityofchatsworthga.gov)